



WHO Innovators & Advocates

This booklet is designed for those who are interested in improving the outcomes of services for people with co-occurring mental and substance use disorders. It is designed for the following:

- Administrators in service organizations
Policy makers (e.g., national, state, regional, and county government; charitable foundations)
Service providers
Community stakeholders
Advocates (e.g., advocacy organizations, consumers, family members)
Consultants/providers of technical assistance for organizational change, systems change, and clinical change

WHY Improve Outcomes

Research has estimated that over 50 percent of people in the United States who have been diagnosed with a severe mental illness also have a co-occurring substance use disorder during their lifetime. Individuals with co-occurring disorders are more likely to experience negative life-outcomes.

WHAT Integrated Treatment

The Integrated Dual Disorder Treatment (IDDT) model is an evidence-based practice that improves the quality of life for people with co-occurring disorders. IDDT offers services for both disorders in the same place with the same treatment providers, who help consumers address both issues at the same time.

IDDT Decreases

- Duration, frequency, and intensity of mental and substance use disorder symptoms
Hospitalization
Arrest and incarceration
Duplication of services
Treatment drop-out
Utilization of high-cost services

IDDT Increases

- Abstinence from use of alcohol and other drugs
Continuity of care
Improved relationships
Consumer quality-of-life
Stable housing
Independent living



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IDDT Integrated Dual Disorder Treatment An overview of the evidence-based practice

THIS BOOKLET At-a-glance

- 6-page tri-fold format
At-a-glance overview of the treatment components that make IDDT one of the best treatments available
Written with language that many different audiences may understand

Advocating for service innovation

- Use this booklet to
Facilitate education, training, and communication
Build consensus for systems change, organizational change, and clinical change
Inspire collaboration among mental-health and substance-abuse systems and providers





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Thank you for interest in the Integrated Dual Disorder Treatment (IDDT) model. This form—and sample pages of the booklet—may be obtained from our web site. www.ohiosamiccoe.case.edu/library/emailresource.cfm?resourceid=87

CONTACT US

Send this completed form with your check to the following address. Please make your check payable to "Case Western Reserve University":

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ABOUT US

The Ohio SAMI CCOE is a technical-assistance organization that promotes knowledge development and the implementation of evidence-based practices (EBPs) for the treatment and recovery of people with mental and substance use disorders. The SAMI CCOE helps service systems, organizations, and providers implement and sustain the Integrated Dual Disorder Treatment (IDDT) model, maintain fidelity to the model, and develop collaborations within local communities that enhance the quality of life for consumers and their families. The SAMI CCOE provides these services:

- Service systems consultation
- Program consultation
- Clinical consultation
- Training
- Research and evaluation